

Spot a stroke, save a life!

Recognizing stroke signs
and symptoms

Andrea Ancer Leal, BSN-RN, LMSW



Every second counts!

➔ The *sooner* a stroke patient can get to the hospital, the *better* chances of having better outcomes

➔ The crucial medication to improve stroke outcomes must be given within *4 and ½ hours* from the *first* symptom

➔ Getting treated as *quickly* as possible may help improve chances of getting better



Is it a stroke?

Act **F.A.S.T.**



FACE
droops



ARM
weakness



SPEECH
difficulty



TIME
is critical.

Other possible symptoms:

Men and women share a common set of stroke symptoms. But women also can experience more subtle warning signs.

WOMEN

Face drooping



Arm weakness



Speech difficulty



Vision problems



Trouble walking or lack of coordination



Severe headache without a known cause



General weakness



Disorientation & confusion or memory problems



Fatigue



Nausea or vomiting



MEN

Face drooping



Arm weakness



Speech difficulty



Vision problems



Trouble walking or lack of coordination



Severe headache without a known cause



American Heart Association.



If you suspect a stroke, remember to

B E F A S T



BALANCE
Loss of Balance,
Headache or Dizziness



EYES
Blurred Vision



FACE
One Side of the Face
Drooping



ARMS
Arm or Leg
Weakness



SPEECH
Speech Difficulty



TIME
Time to Call for
Ambulance Immediately